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Testing Reference Card



TNO	0 Thin
ST1	1 Slightly Thick
MT2	2 Mildly Thick
MO3	3 Moderately Thick
LQ3	3 Liquidised
EX4	4 Extremely Thick
PU4	4 Pureed
MMS	5 Minc'd & Moist
SB6	6 Soft & Bite-Sized
EC7	7 Easy To Chew
RG7	7 Regular

IDDSI ABBREVIATIONS

For more information:
Web: www.iddsi.org



Dr. Oetker Professional • Leahy JFP • Lyons Magnus • IOP Medical • CuraProducts GmbH • Shalit Foods

Bronze Sponsors



Silver Sponsors



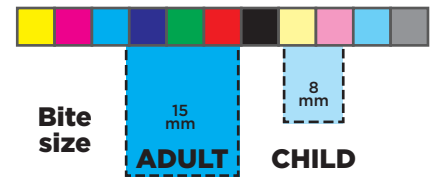
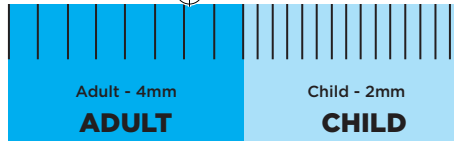
Gold Sponsors



Platinum Sponsors

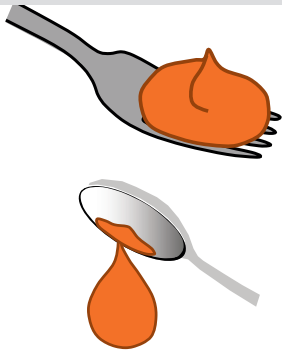
Compliments of: Provided by:

Particle size

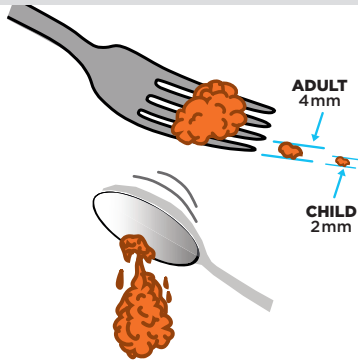


Food Test

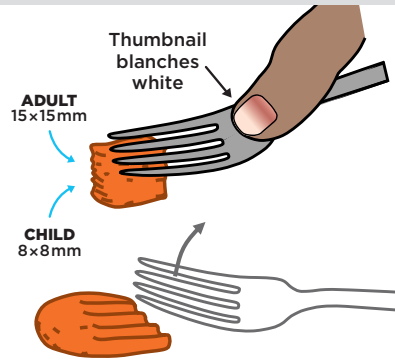
4 PUREED



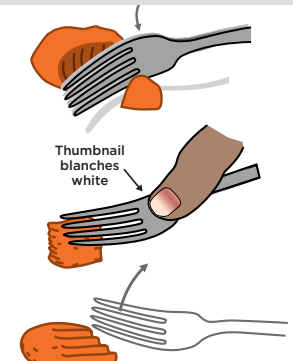
5 MINCED & MOIST



6 SOFT & BITE SIZED



EC 7 EASY TO CHEW

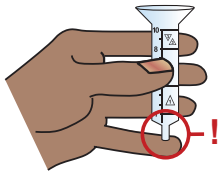


Flow Test

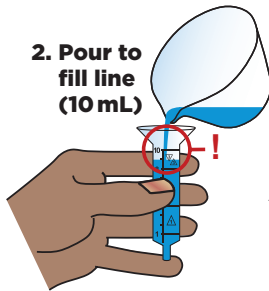
IDDSI level depends on liquid remaining after 10 seconds flow.

Level 4: Use IDDSI fork-drip + spoon-tilt tests
Level 3: Use IDDSI flow + fork-drip tests

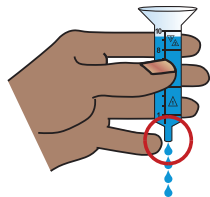
1. Cover nozzle with finger



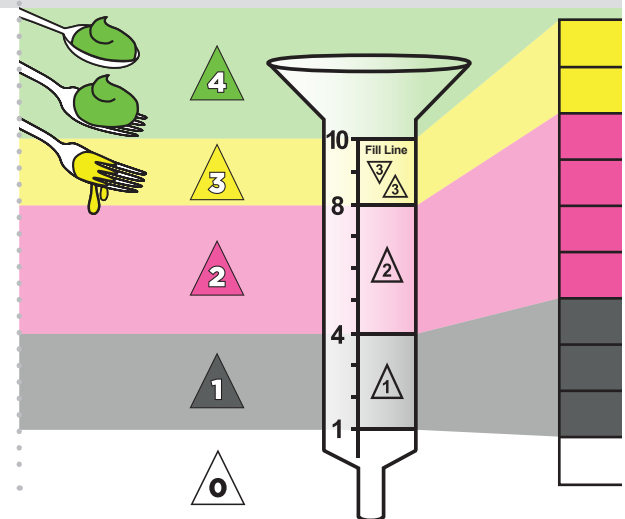
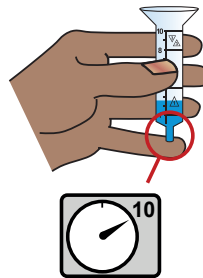
2. Pour to fill line (10 mL)



3. Release nozzle & start timer



4. Stop at 10 seconds



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