



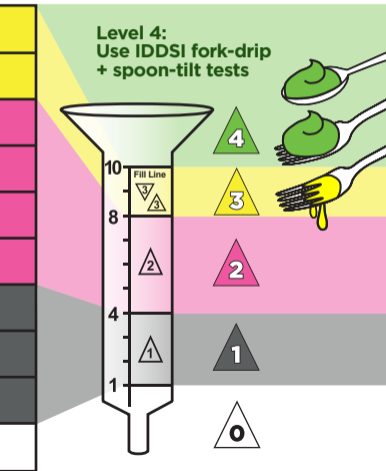
IDDSI

International Dysphagia Diet
Standardisation Initiative

www.iddsi.org

Flow Test

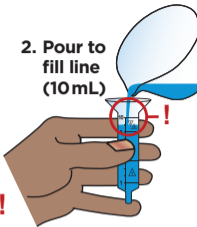
IDDSI level depends on liquid
remaining after 10 seconds flow.



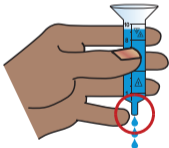
**1. Cover nozzle
with finger**



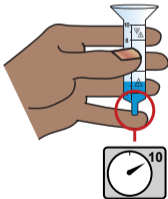
**2. Pour to
fill line
(10mL)**



**3. Release nozzle
& start timer**



**4. Stop at 10
seconds**



**Turn over to check
IDDSI level**